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| **SAULT COLLEGE**  **SAULT STE. MARIE, ONTARIO**    **In partnership with Laurentian University, Cambrian College, St. Lawrence College & Northern College** COURSE OUTLINE | | | | | |
| **COURSE TITLE:** | Family Experience of a Chronic Health Challenge | | | | |
| **CODE NO. :** | NURS1007 | | **SEMESTER:** | 2 | |
| **PROGRAM:** | Collaborative BScN | | | | |
| **AUTHOR:** | Liz Ubaldi in collaboration with Cambrian College, Laurentian University, Northern College & St.Lawrence College | | | | |
| **DATE:** | Jan/13 | **PREVIOUS OUTLINE DATED:** | | | Jan/12 |
| **APPROVED:** | “Marilyn King” | | | | Jan/13 |
|  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_CHAIR | | | | **\_\_\_\_\_\_\_**  **DATE** |
| **TOTAL CREDITS:** | 3 | | | | |
| **PREREQUISITE(S):** | NURS1004 | | | | |
| **HOURS/WEEK:** | 3 (Plus 10 hours Community Family Clinical Experience) | | | | |
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| *For additional information, please contact Marilyn King Chair, Health Programs* | | | | | |
| *School of Health Wellness and Continuing Education.* | | | | | |
| *(705) 759-2554, Ext. 2689* | | | | | |

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| **I.** | **COURSE DESCRIPTION:** |
|  | This course focuses on concepts related to the family’s lived experience with a chronic health challenge, health promotion, and the determinants of health. Emphasis is placed on the development of critical thinking skills in relation to critiquing the literature. Learners will participate in health assessment of individuals and families following a recognized framework in order to explore the meanings of health for individuals and their family members. A variety of activities related to the nurse’s role in promoting and maintaining health in lives complicated by chronic health challenges will be provided. |

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| **II.** | **LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:** |
|  | **ENDS IN VIEW**  This course will introduce learners to the two dominant knowledge paradigms and the process of concept analysis. Learners will have the opportunity to develop the ability to access relevant literature and develop scholarly writing skills. Through the process of family assessment, learners will have opportunities to gain insight into people’s experiences with chronic health challenges focusing on the concept of caring in this context.  **PROCESS**  The faculty’s intent is that a caring relationship will develop between the teacher and learners, indicative of the type of relationship that learners will be developing with their clients. It is hoped that learners will understand that caring involves challenges, critical thinking, and nurturing and that this will be the nature of the relationship in the seminars. It is expected that learners will access and examine relevant literature and share their practice experiences in class each week. Preparation for class will contribute to the quality of the learning activity experiences and will facilitate success in the course. The learners will be encouraged to engage in the reflective process.  This course is supported with the Learning Management System (LMS). |

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| **III.** | **TOPICS:** |

The course will be organized around the following concepts:

**Class Content**

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| Week 1 Jan. 10 | Introduction to NURS1007  Family – CFAM |
| Week 2 Jan. 17 | Concept Analysis |
| Week 3 Jan. 24 | Chronicity and Ways of Knowing |
| Week 4 Jan 31 | Family – Patterns/Roles/Role Challenges |
| Week 5 Feb. 7 | Family – Family Care Givers  Time/Transitions  Literature Searches and Reviews  \****First family visit must be completed*** |
| Week 6 Feb. 14 | ***Assignment #1 due at beginning of class***  Perception Part 1 – Self-image/Self-esteem/Stigma/  Normalization |
| Week 7 Feb. 21 | **WINTER STUDY BREAK** |
| Week 8 Feb 28 | ***Laurentian Library On-Line Workshop Certificate due***  Perception Part 2 – Pain/Suffering/Comfort |
| Week 9 Mar. 7 | Perception Part 3 – Loss/Grieving |
| Week 10 Mar. 14 | Hope/Courage/Spirituality |
| Week 11 Mar. 21 | Compliance/Adherence |
| Week 12 Mar. 28 | ***Both family visits must be completed***  ***Assignment #2 due at beginning of class***  Health Promotion: Pulling it all Together |
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**\*Sequencing of topics/assignments is subject to change based on teaching/learning**

**needs.**

**Please see the “NURS 1007 Family Experiences of a Chronic Health Challenge Evaluation Processes and Learning Activities” package for additional information.**

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| **IV.** | **REQUIRED RESOURCES/TEXTS/MATERIALS:** |

College of Nurses of Ontario. (2009). *Therapeutic nurse-client relationships: Revised*

*2006.* Retrieved from <http://www.cno.org/docs/prac/41033_Therapeutic.pdf>

Wright, L.M., & Leahy, M. (2009). *Nurses and families: A guide to family assessment*

*and intervention (5th ed.).* Philadelphia, PA: F. A. Davis

**Recommended Resources:**

Registered Nurses’ Association of Ontario. (2002). *Client centred care.*

Retrieved from <http://www.rnao.org/Storage/15/932_BPG_CCCare_Rev06.pdf>

Registered Nurses’ Association of Ontario. (2002). *Establishing therapeutic*

*relationships.* Retrieved from <http://www.rnao.org/Storage/15/936_BPG_TR_Rev06.pdf>

**Assigned Articles and Readings:**

Readings and learning resources from NURS1206, NURS1056, and NURS1004

Supportive Readings: found on relevant databases, on course LMS site, or to be handed out in class.

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| **V. EVALUATION PROCESS/GRADING SYSTEM:** |
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| The following semester grades will be assigned to students: |

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|  | Grade | Definition | Grade Point Equivalent |
|  | A+ | 90 – 100% | 4.00 |
|  | A | 80 – 89% |
|  | B | 70 - 79% | 3.00 |
|  | C | 60 - 69% | 2.00 |
|  | D | 50 – 59% | 1.00 |
|  | F (Fail) | 49% and below | 0.00 |
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|  | CR (Credit) | Credit for diploma requirements has been awarded. |  |
|  | S | Satisfactory achievement in field /clinical placement or non-graded subject area. |  |
|  | U | Unsatisfactory achievement in field/clinical placement or non-graded subject area. |  |
|  | X | A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course. |  |
|  | NR | Grade not reported to Registrar's office. |  |
|  | W | Student has withdrawn from the course without academic penalty. |  |

***NOTE: Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.***

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

**It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.**

All NURS courses require 60% for a passing grade.

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| **VI.** | **SPECIAL NOTES:** |
|  | Attendance:  Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.  It is the departmental policy that once the classroom door has been enclosed, the learning process has begun. Late arrivers will not be granted admission to the room. |

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| **VII.** | **COURSE OUTLINE ADDENDUM:** |
|  | The provisions contained in the addendum located on the portal form part of this course outline. |